

Newsletter  
5/22/20

# New Mark Color Guard is Starting Soon! We want YOU!!!!

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## *Important Dates:*

*August 24: Practices  
Begin*

*Practices will be  
Mondays and  
Tuesdays weekly  
from 3:00-5:00  
beginning August 24  
until school resumes.*

*At that point,  
practice will be from  
3:15-5:15, with  
parent pick up after  
practice. Please  
make sure you've  
filled out the  
transportation form  
in order to be picked  
up the 2 weeks of  
practice prior to  
school starting.*

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We are so excited you are interested in joining our New Mark Color Guard! We are looking forward to an exciting year-- learning how to be a team, working on our flag skills, and entertaining our New Mark fans during football and basketball games.

## **Meet Your Coaches**

Hello! My name is Carla Whitt. I am a special education teacher at Gateway. I have been in the NKCS D for 12 years, and have been a special education teacher for 14 years. My husband also works in the special education department in the district. We have 3 children, who attend Antioch, Clardy, and Ravenwood. Some of my most enjoyable memories revolve around being in Color Guard, performing with the marching band, and getting a routine ready for competition at band days. My daughter, Madeline, is on Antioch's Color Guard. Seeing her perform these past 3 years has made me realize how much I miss Color Guard, which is why I wanted to be your coach!

My contact info is (816)321-6420 or [Carla.whitt@nkcschools.org](mailto:Carla.whitt@nkcschools.org)

Hello! My name is Heather Cleary. I have a husband and 3 kids, the oldest of whom just graduated from high school. I have been in education since 2000, the past 2 years with North Kansas City. I was in Color Guard in high school, and my first year in college at Liberty University in Virginia. I decided to coach because of the creative expression, the physical and mental challenge, and I get to see my Gateway Grizzly graduates.

## **Routines for the Year:**

We are working on routines for the following songs:

- High Hopes, Panic at the Disco
- Stayin' Alive
- A Whole New World

We're so excited to see what we can do this year!



## Skills We'll Learn and Equipment We'll Use:

We'll learn a variety of skills, including basic tosses, basic moves, and more complicated tosses, flips, and turns. We are working on getting a video compilation of videos to assist you in learning new skills. We will send this out to all interested participants. We will use 6-foot flags, chain flags, ribbons, hoops, and even wrapping paper! We can turn anything into a fun prop!

