

QUESTIONS AND ANSWERS

Q1: We have students that have a physical form on file and the physical form is one that is used by the physician's office/clinic, it is not the MSHSAA PPE Form. These physical forms from the physician's office specifically state that the physical is only valid for one year. (1) Is it okay to accept a physical form that is from a physician's clinic/office and not on the MSHSAA PPE Form (2) Is the physician's physical form that specifically references being valid one year still valid for a two year period under MSHSAA bylaw 3.8.1

A1: (1) Yes it is still permissible to accept a physician's physical form to meet the requirement of bylaw 3.8.1 for a student to participate in sports. The MSHSAA PPE Form is the recommended form to be used, but it is not the only physical form that can be used for releasing a student to participate. (2) If a physician's physical form specifically states that it is only valid for one year...OR if a physician specifically notes on the MSHSAA PPE Form that the physical form is only valid for one year then the student will be required to get a new physical in a year from the date the physical was issued. A physician indicating that they are only clearing a student for participation for one year supersedes the MSHSAA Bylaw noting that physical may be valid for two years.

Q2: We have several students with a physical form currently on file; however, it is the old MSHSAA PPE form....it is not the new MSHSAA PPE Form that was released on June 1, 2019. Do we need to have all students get a new physical using the "new" MSHSAA PPE form in order for a physical to be valid for the two years (730 days)?

A2: All physical forms that your school currently has on file are now valid for two years (730 days) from the date that the physical was issued. It is not necessary to have your students secure a new physical just so the physical is completed on the new MSHSAA PPE form. The only exception to this would be if a physician has noted on a student's physical form that the physical is good for one year OR your school is aware of a medical condition that a student has experienced resulting in what you believe is a necessity for the student to have a new physical completed. In these cases that result in a student needing a updated physical....you absolutely need to use the new MSHSAA PPE form.

Q3: Due to the recent changes to MSHSAA Bylaw 3.8.1 regarding pre-participation physical forms, many of our students will not need a new physical for the 2019-2020 school year because we already have physicals on file for them that are now considered valid for two years (730 days). We also have all the other Pre-participation Documentation requirements on file for these students. Is it necessary that our school secure new Pre-participation Documentation requirements for the 2019-2020 school year.

A3: YES, the MSHSAA Pre-participation Documentation-Annual Requirements must be updated and completed every year. It is recommended that schools secure the Pre-participation Documentation prior to the start of each school year; however, at a minimum the Pre-participation Documentation must be secured from each student athlete prior to them being permitted to participate in their first sport season for each school year. Pre-participation Documentation includes: Medical History, Parent Permission-Insurance Verification, Student Agreement, Concussion Education Materials-Parent/Student Signature, Emergency Contact Information. These requirements must be secured from the student and student's parent(s) annually.