CommunityEd
learn • play • connect

2020 WINTER CLASS SCHEDULE

Inspiring Lifelong Learning since 1960

Classes to Enhance Your Life and Career

www.nkcschools.org/lifelonglearning 816-321-5010
Stained Glass Suncatchers
Take your creativity to a new level and create colorful suncatchers to display in your home or give as a gift. Using the Tiffany Method you will learn to assemble cut glass into beautiful creations. No experience necessary. Take home one completed project from each class. Safety glasses and a dust mask will be provided. Supply fee of $20 payable to the instructor at the beginning of class.

Snowman
ART120-20W
Northland Human Services Center, Room 2400
Sat 1/11 (1X) 9 AM-12 PM $39

Snowman
ART120-20W-2
Antioch MS, Rm 120
Tue 1/14 (1X) 6 PM-9 PM $39

Ladybug
ART120-20W-3
Antioch MS, Rm 120
Tue 1/28 (1X) 6 PM-9 PM $39

Double Heart Design
ART120-20W-4
Northland Human Services Center, Rm 2400
Sat 2/8 (1X) 9 AM-12 PM $39

Three Colored Heart (red, pink, and white)
ART120-20W-5
Mon 2/10 (1X) 6 PM-9 PM $39

Swan
ART120-20W-6
Antioch MS, Rm 120
Tue 2/25 (1X) 6 PM-9 PM $39

Green Shamrock
ART120-20W-7
Antioch MS, Rm 120
Tue 3/10 (1X) 6 PM-9 PM $39

White Dove
ART120-20W-8
Antioch MS, Rm 120
Tue 3/24 (1X) 6 PM-9 PM $39

Easter Basket with Eggs
ART120-20W-9
Northland Human Services Center, Rm 2400
Sat 3/28 (1X) 9 AM-12 PM $39

Blue Cross with Dove in the Center
ART120-20W-10
Antioch MS, Rm 120
Tue 4/7 (1X) 6 PM-9 PM $39

Etching on Square Bevel (Numerous stencils available)
ART120-20W-11
Northland Human Services Center, Rm 2400
Sat 4/18 (1X) 9 AM-12 PM $39

Tulip
ART120-20W-12
Antioch MS, Rm 120
Tue 4/21 (1X) 6 PM-9 PM $39

Instructor Marsha Schwartz is a stained glass artisan and owner of Stained Glass Treasures. Her creative designs can be found at local craft shows and Crafters Corner in Smithville, MO.

Intermediate Watercolor
Prerequisite: Introduction to Watercolor
Building on skills acquired in Introduction to Watercolor, you will explore more advanced painting principles and techniques. These include composition, color harmony and presentation. You will choose the subject of your project and will have ample studio time and support. Project fee of $10 is payable to the instructor at the first session. A link for the supply list will be emailed with your registration confirmation.

ART203-20W
Northland Human Services Center, Rm 2400
Fri 1/17-2/21 (6X) 1:30 PM-4:30 PM $89

ART203-20W-2
Northland Human Services Center, Rm 2400
Fri 3/13-4/24 (6X) 1:30 PM-4:30 PM $89
No class 3/20

Instructor Suzie Smith is a working artist and experienced watercolor teacher. She has studied with nationally known artists as well as at the Kansas Art Institute.

T-shirt Quilt
Take 10-20 T-shirts and turn them into a keepsake quilt, which makes a great gift or graduation present. Students need basic sewing skills. A supply list will be provided. Please bring your own sewing machine.

ART400-20W
Antioch MS, Cafeteria I
Tue 1/21-2/25 (6X) 6:30 PM-8:30 PM $75

Instructor Melissa Ide-Laird learned to sew when she was six years old. She has made too many quilts to count and gives the majority of them away. She enjoys piecing, applique’ paper piecing and long arm quilting.

Beginning Quilting-Half Square Triangle
Are you interested in learning the basics of quilting? In this beginning level class, you will be using a two charm pack or 5-inch squares (one print and one solid) to make a throw quilt. If you desire to make a larger quilt, you will need to buy at least 2 of each (print and solid.) You will learn the basic techniques of cutting, piecing, quilting, and binding a quilt. Basic sewing skills are required. A supply list will be emailed with your registration confirmation. You will need to bring your own sewing machine or have access to one.

ART409-20W
Antioch MS, Cafeteria I
Tue 3/10-4/21 (6X) 6:30 PM-8:30 PM $75
No class 3/17

Instructor Melissa Ide-Laird
Knitting – The Next Step
Are you ready to move beyond basic knit and purl knitting? We will work on intermediate knitting skills – knitting in the round, increases, decreases, and picking up stitches. Choose to knit socks or bring your own project.

ART408-20W Northland Human Services Center, Rm 2400
Sat 1/25-2/22 (5X) 9:30 AM-11:30 AM $39
Instructor Sharon Euler is a skilled designer, dressmaker and tailor. Her hobbies include sewing, knitting and crocheting.

Learn to Crochet (Age 12 & Up)
Learn to crochet with yarn to make fun clothing and accessories for you or your home. You will learn the basic crochet stitches, how to follow patterns, and will make your choice of a scarf or dishcloth. Please bring a size G crochet hook and worsted weight yarn in a light color. If you prefer, you may buy supplies from the instructor for $15 including an instruction book, a crochet hook, practice yarn and project yarn.

ART402-20W Northland Human Services Center, Rm 2400
Sat 2/29-3/28 (4X) 9:30 AM-11:30 AM $39
No class 3/21
Instructor Sharon Euler

Introduction to Silhouette Cameo 3
In this beginner course, you will learn the first elements of the Studio design software, how to turn on and hook up your machine and all skills needed to make your first vinyl cuts for a finished project. You will finish the course with your choice of a monogrammed cup or small flower pot for spring! Bring your laptop with Studio 3 software downloaded, Cameo machine with cords, cutting mat, scissors, weeding tools and scraper. Supply fee of $15 payable to the instructor the first night of class.

ART301-20W Antioch MS, Media Center
Tue 2/18-3/3 (3X) 6:30 PM-8 PM $49
Instructor Laura Swanson is an experienced crafter and seamstress. She loves sharing her talent for crafting with others, especially using her Silhouette Cameo.

Gelli Printing
Gelli Printing is all the rage right now. Using the Gelli Arts Gel Printing Plate, you can create colorful and unique backgrounds on paper (and fabric!) for art journals, cards and other mixed media projects. You will create imagery, multiple patterns and designs with various textured or soft tipped art tools, items from home, homemade stencils and more! Your final project will be a canvas tote that you design yourself. Supply fee of $20 payable to the instructor the first night of class.

ART220-20W Antioch MS, Rm 133
Tue 4/7-5/5 (4X) 6 PM-8 PM $69
No class 4/14
Instructor Nichole Peacher

Focus on Drawing with Graphite and Ink
Do you want to improve your drawing skills? Join us as we learn the basics of drawing along with helpful tips, techniques and more. In this class we will focus on drawing landscapes and trees, still lifes and drapery, hands and facial features, plus much more. Individual help will be given while you work and progress at your own speed. Weekly practice assignments will help develop your skills. A supply list will be emailed to you prior to class and a $5 project fee will be collected by the instructor the first night of class.

ART221-20W Antioch MS, Rm 120
Thu 3/26-4/23 (5X) 6:30 PM-8:30 PM $89
Instructor Kathy Cunningham is an artist, graphic designer and illustrator with more than 30 years experience. She loves creating artwork for the home and special events.

“I like how Kathy works with each person at the level they start with. Then she inspires you to a new level.” — Lisa W.

Facility Usage
As a service to the community and in accordance with law, the Board of Education may allow community groups to use district facilities for educational, recreational, social, civic, philanthropic and other similar purposes when the facilities are not being used by the district or district-sponsored groups. www.nkcschools.org/facility usage 816.321.4215

Stamped Greeting Cards
Create six hand-made, multi-layered cards for your Valentine. You will also make other cards including a Thinking of You or Birthday card. Learn new card-making and stamp techniques such as depth-in-scene, embossing and using negative space. Bring your scissors and adhesive. Pre-cut card stock, designer paper, ink pads, stamps and supplies needed for this project will be provided. Supply fee of $10 payable to the instructor at the beginning of class.

ART222-20W Antioch MS, Rm 120
Thu 1/30 (1X) 6:30 PM-9 PM $29
Instructor Judy Meier has been a card-making demonstrator for more than 16 years.

Beginning Acrylics
If you have ever dreamed of picking up a paintbrush and filling a canvas with color but don’t know where to start, join me on this creative journey and discover how to “see” like an artist. Exercises and handouts will teach you how to mix values, plan your painting’s layout and explore interesting painting techniques. A link for the supply list will be emailed with your registration confirmation.

ART204-20W Antioch MS, Rm 121
Thu 3/5-4/9 (5X) 6 PM-8 PM $69
No class 3/19
Instructor Nichole Peacher has more than 20 years of experience as an art teacher. She loves to share her talent and skills with others.

Do You Want to Build a Snowman?
Let’s build adorable snowmen with items that can be found around your house. You will create a trio of snowmen to adorn your front porch from wood posts standing approximately 25” tall. Please bring scissors and a hot glue gun if you have them. Supply fee of $15 payable to the instructor at the beginning of class.

ART615-20W Antioch MS, Rm 121
Thu 1/30 (1X) 6:30 PM-8:30 PM $35
Instructor Stacie Duitsman is the owner of Whirlwind by Stacie. Her items can be found at craft fairs throughout the city and on Facebook.
BUSINESS

Introduction to MacBook
This class will introduce the participant to the basic functionality of the MacBook computer. Sessions will include an exploration of the operating system, menus, applications and basic system preferences. Participants must bring their own fully charged MacBook laptops.

**BUS221-20W**  Antioch MS, Media Center
Tue 1/28-2/4 (2X)  6:30 PM-8 PM  $59
Instructor Mike Ramirez is assistant professor of technology education of MidAmerica Nazarene University.

60+ and live in Clay County?
Receive up to $30 off your class fees per semester at the time of registration!

Register early because the funding is limited by semester.

For more information call 816-321-5010.

Funding through the Clay County Senior Services' levy fund.

Beginning Excel
Learn Microsoft Excel basic terminology, spreadsheet navigation, and formula writing as you create and format a simple spreadsheet.

**BUS218-20W**  Mid-Continent Library, Antioch Branch
Wed 2/12 (1X)  2 PM-3 PM  No Charge
Instructor Tammy Doughty has more than 20 years experience working for the Mid-Continent Public Library and has been the Branch Technology Instructor for 5 years.

ABC's of Medicare Insurance
Are you or a loved one turning 65 years old or becoming eligible for Medicare due to a disability? What are Part A and B of Medicare? How do Medicare supplement plans fill coverage gaps? What is a Plan C, Plan F and let's not forget Part D (prescription drug plan)? Learn about Medicare PPO's and HMO's. This two-hour class will help you master the ABC's of Medicare Insurance. This event is for educational purposes only: no plan specific benefits will be shared. Clay County senior discount applies.

**BUS100-20W**  Antioch MS, Media Center
Tue 2/11 (1X)  6:30 PM-8:30 PM  $25
Instructor Jeff David has been an insurance professional since 1987. He has owned his own insurance agency for more than 10 years.

“Great class. Jeff is an exceptional teacher. He made a daunting topic pretty understandable.”
— Karen G.

Social Security: Your Questions Answered
Before you retire, it's important to understand your options regarding Social Security and the impact your decisions have on your retirement. Learn how Social Security fits into your retirement income plan, when you should start taking benefits and all about taxes.

**BUS108-20W**  Antioch MS, Media Center
Thu 2/13 (1X)  6:30 PM-8:30 PM  $25
Instructor Jeff King is a financial advisor and an Adjunct Professor at Park University School of Business. Jeff is passionate about helping families learn about managing finances.

Death & Taxes
Probate, Wills, Power of Attorney, Trusts, Health Care Decisions, and Estate Taxes! We will help you understand the basics of estate planning. Clay County senior discount applies.

**BUS102-20W**  Antioch MS, Media Center
Thu 2/20-2/27 (2X)  7 PM-9 PM  $25
Instructor John Sanderford is a Northland attorney who has worked primarily in the field of estate planning for more than 25 years. He is a member of the Missouri Bar Association Estate Planning and Probate Administration Committee.

Internet Safety
Find out how to protect yourself while surfing the internet. The session discusses a few typical dangers encountered online and how to proactively keep your information safe.

**BUS208-20W**  Mid-Continent Library, Antioch Branch
Thu 3/19 (1X)  2 PM-3 PM  No Charge
Instructor Tammy Doughty

Google Docs
Learn how to create, save and print a document using Google Docs. Google Docs is a free web-based application in which documents and spreadsheets can be created, edited and stored online.

**BUS220-20W**  Mid-Continent Library, Antioch Branch
Wed 4/15 (1X)  6:30 PM-7:30 PM  No Charge
Instructor Tammy Doughty

Classes are for adults 18 years and older unless otherwise specified.

Clay County Senior Services
## SQL Certificate

Enroll in all three courses below and earn an SQL Certificate. $495

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**Introduction to SQL**

Learn how to write SQL code to create and populate database tables and how to write simple SQL queries that are capable of retrieving vast amounts of information from a database.

**Intermediate SQL**

Discover how to write powerful SQL queries that enable you to retrieve data from one table or from multiple tables stored in the database simultaneously. You will learn how to merge data from multiple columns, how to create calculated fields, and how to order and group the results from a query.

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**Advanced SQL**

Take your SQL query skills to a new level by learning how to write more advanced SQL queries for enhanced decision making. In this course, you will learn how to write advanced subqueries, advanced join queries, and UNION queries that query more than one table.

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## Social Media for Business Certificate

Enroll in all three courses below and earn a Social Media for Business Certificate. $495

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**Introduction to Social Media**

Learn about top social media sites and how businesses are using the sites for communication, customer retention, branding, marketing, market research, needs assessment and serving customers and clients.

**Marketing Using Social Media**

Learn quick, easy ways to use Twitter, blogs and LinkedIn to engage your customers or clients and keep them interested in your organization or business.

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**Integrating Social Media in Your Organization**

Develop a practical strategy and techniques for implementing a social strategy for your organization or business. Learn the top five considerations when starting a social network as well as tips to manage an online community.

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## Certificate in Web Design

Enroll in all three courses below and earn a Certificate in Web Design. $495

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**Introduction to Web Design**

This course will give you the information you need to plan and design effective web pages. Come away knowing how to implement web pages by writing HTML and CSS code. No prior knowledge of HTML or web design is required.

**Intermediate Web Design**

Anyone wanting to find out how to create effective and dynamic websites/applications will want to take this course. You will acquire the fundamentals of the most popular Web 2.0 technologies and will take away a functioning web application hosted on a web server that is both accessible and Search Engine Optimized.

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**Advanced Web Design**

Acquire advanced techniques in web design. Topics include the responsive design process, advanced layout and design features using the Bootstrap framework, exploration of CMS frameworks and industry standard technologies and frameworks.

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## WordPress Certificate

WordPress is the most popular content management system (CMS) for website and blog design. After successfully completing the WordPress Certificate, you will know how to build a WordPress website or blog, customize your WordPress site by hand-coding HTML, CSS and PHP, know necessary regular WordPress maintenance, create WordPress website backup, and know how to apply SEO techniques in WordPress.

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Available Classes

Basic Computer Skills - Using a computer competently is essential for today’s job seeker. Learn the basic computer skills necessary to search and apply for jobs. This workshop includes everything from using the keyboard to accessing the internet to creating and saving files. In addition, learn to use jobs.mo.gov to search for your next job.

Career Networking: Preparing for your career - Learn the benefits of effective and strategic ‘networking’ and how these interpersonal resources and contacts could lead to a new job. This workshop applies what you learn, so you will develop a plan to present yourself to networking groups, a networking source list and a list of the types of networking groups.

Career Exploration - Customers attend an orientation presented by a Skills Team member. This workshop presents labor market information giving customers the tools to assess their knowledge, skills, personal interests, and priorities on their journey to finding the job that is best for them. They will be introduced to MERIC, and O’Net information. Growing careers such as Healthcare, Information Technology, and Advanced Manufacturing will also be discussed.

Interview Process - Customers get practical advice on how to best showcase their skills and experience through research, practice, and preparation. Get helpful tips on how to dress and groom for an interview. Learn the different types of interviews and strategies for each.

Resume Preparation - Find out what employers are looking for when they read a resume and cover letter. Identify and optimize all the basic components of a resume-skills and abilities, work history, and education, so that you stand out above the others. Learn how to use the same strategies in completing excellent online applications.

Online Applications - Workshop will cover aspects of completing an application online, as well as formatting your resume and attaching your resume to an online application. Rules of completing online applications, creating document to assist the process, and tips on how to make the process easier will be covered in the workshop.

Financial Aid - This workshop is a financial aid session to review FASFA and requirements for Workforce 21 Scholarship.

National Career Readiness-WorkKeys Assessment - Instructors administer the WorkKeys assessment to help identify strengths, abilities, and areas for development as well as workplace readiness. The WorkKeys assessment measures cognitive abilities such as applied mathematics, reading for information, and locating information.

Social Media (Conducting a Job Search) - Social Media networks including Facebook, Twitter, and LinkedIn can become key tools to support job seekers with their job search. Participants will learn ways to use social media to enhance their job search and understand the dangers of social networking sites.

Job Club - This workshop is for those needing help with job searching and navigating workplace challenges. Also, Customers learn about Internships, On-the-Job training and Hot Jobs.

Classes available at no cost to residents who have completed Career Center registration. Stop in today to get started!

Clay County - Northern Area
Certified Comprehensive American Job Center
in the Northland Human Resources Center
3100 N.E. 83rd Street, Ste 2800
Kansas City, MO 64119
(816) 468-8767
Mon.-Fri., 8am-5pm (Center opens at 9am on Wed.)

Platte County Resource Center
11724 N.W. Plaza Circle, Ste 500
Kansas City, MO 64153
816-464-4620 Ext. 4612
Mon.-Fri., 8am-5pm

Registration is required to attend all workshops

facebook.com/FullEmploymentCouncil
www.feckc.org • twitter.com/FEC_KC

The Full Employment Council is an Equal Opportunity Employer/Program. Auxiliary aids and services are available upon request to individuals with disabilities. All voice telephone numbers may be reached by persons using TTY/TDD equipment via the Missouri Relay Service at 711.

North Kansas City Schools • www.nkcschools.org/lifelonglearning
ONLINE CLASSES

All classes are six weeks in length and a new class starts every month.

Winter classes begin on each of the following dates:
1/15/2020 • 2/12/2020 • 3/18/2020 • 4/15/2020

ACADEMICS
Introduction to Chemistry $109

BUSINESS
A to Z Grant Writing $109
Accounting Fundamentals $109
Administrative Assistant Fundamentals $109
Advanced Grant Proposal Writing $109
Business and Marketing Writing $109
Computer Skills for the Workplace $109
Fundamentals of Supervision and Management $109
Fundamentals of Supervision and Management II $109
Introduction to Microsoft Excel 2010 $109
Introduction to Microsoft Excel 2013 $109
Introduction to Microsoft Excel 2016 $129
Introduction to Microsoft Excel 2019/Office 365 $129
Intermediate Microsoft Excel 2010 $109
Intermediate Microsoft Word 2010 $109
Introduction to QuickBooks 2016 $109

MEDICAL
Become a Veterinary Assistant $109
Explore a Career as an Administrative Medical Assistant $109
Explore a Career in Medical Coding $109
Human Anatomy and Physiology $109
Medical Terminology: A Word Association Approach $109

WEB & COMPUTER PROGRAMMING
Basic CompTIA A+ Certification Prep $119
Creating WordPress Websites $109
Introduction to Java Programming $109
Introduction to SQL $109

WRITING
Advanced Fiction Writing $109

EDUCATION & TRAINING
Teaching Smarter With SMART Boards $109

HEALTH & WELLNESS
Lose Weight and Keep it Off $109

LANGUAGE
Conversational Japanese $109

NOTICE TO STUDENTS
North Kansas City Schools Community Education Services offers classes to the public for purposes of information, instruction, enlightenment, and example only. Such classes are not to be construed as endorsement or investment recommendations from the individual instructor, his or her company, or Community Education.

CHILDREN & YOUTH CLASSES

Mommy & Me (Age 1-3 yrs)
Mommy & Me classes are a great way to bond with your child, while you both learn balance, coordination, and flexibility. Daddies are always welcome too. Please dress comfortably (no denim) with a clean pair of shoes for dancer and socks for Mom or Dad.

CHD200-20W Miss Dianna’s School of Dance
Tue 1/21-2/25 (6X) 9:30 AM-10 AM $55

CHD200-20W-2 Miss Dianna’s School of Dance
Sat 1/18-2/22 (6X) 10:30 AM-11 AM $55

Instructor Dianna Pfaff has been teaching dance since 1975. She judges dance competitions and choreographs area high school events.

Combination Dance and Acrobatics (Age 3-5 yrs)
Your child will be introduced to tap, ballet and tumbling by trained staff with a love for teaching children. Our studio is a fun and positive atmosphere for your child’s first experience in the exciting world of dance! Boys and girls will enjoy the high energy class which will help them gain balance and agility. They will focus on all the keys to becoming a top athlete. Come dressed comfortably (no denim please) with a clean pair of tennis shoes. Dance clothes and shoes are not required but are welcome.

CHD201-20W Miss Dianna’s School of Dance
Sat 1/18-2/22 (6X) 9:30 AM-10:30 AM $69

Instructor Dianna Pfaff

Combination Dance and Acrobatics (Age 6-11 yrs)
Your child will be introduced to tap, ballet and tumbling by trained staff with a love for teaching children. Our studio is a fun and positive atmosphere for your child’s first experience in the exciting world of dance! Boys and girls will enjoy the high energy class which will help them gain balance and agility. They will focus on all the keys to becoming a top athlete. Come dressed comfortably (no denim please) with a clean pair of tennis shoes. Dance clothes and shoes are not required but are welcome.

CHD202-20W Miss Dianna’s School of Dance
Sat 1/18-2/22 (6X) 9 AM-10 AM $69

Instructor Dianna Pfaff
COMMUNITY EDUCATION  
PRESCHOOL PROGRAM  

www.nkcschools.org/preschool  
Shelli Wilson, Teacher • Tiffany Foster, Paraprofessional

ENROLLMENT FOR FALL 2020 BEGINS IN MARCH

• Early Childhood Certified Teacher
• Positive approach to kindergarten readiness
• Developmentally appropriate practices
• Stimulating and attractive environment
• Nurturing learning experience
• Rich opportunities for discovery, creativity and problem solving
• Age-appropriate playground

Days: Monday through Friday (5 days)  
OR Monday, Tuesday, Wednesday and Thursday (4 days)  
OR Monday, Tuesday and Wednesday (3 days)

Times: AM session 9:30 AM to Noon  
PM session 12:45 PM to 3:15 PM

Fees: A $55 nonrefundable registration fee is payable at the time of enrollment.

Tuition: $225 per month  
(Mon through Fri)  
$190 per month  
(Mon, Tues, Wed and Thurs)  
$150 per month  
(Mon, Tues and Wed)

Location: Staley High School Child Development Wing

Requirements: Each child must be potty-trained and 4 years old by July 31, 2020.  
The enrollment form and immunization record must be on file in the school office before school begins. Parents are responsible for transportation.

Chess Club (Gr K-6)
Nationally certified chess coach, Ken Fee, and his staff of certified chess instructors from The Kansas City Chess Club will be teaching players about important rules, chess etiquette, strategy, openings, end games and tactics. Research says chess improves test scores in math and reading. The Kansas City Chess Club curriculum will guide students from pawn-to-king level advancement. Progress will be measured by a chess skills test taken at the end of each level. Students may participate as a team against other schools at local chess tournaments.

CHD500-20W The Kansas City Chess School  
Mon 1/27-3/9 (6X) 6 PM-6:45 PM $65  
No class 2/16

CHD500-20W-2 The Kansas City Chess School  
Mon 3/23-4/27 (6X) 6 PM-6:45 PM $65

CHD500-20W-3 The Kansas City Chess School  
Wed 2/5-3/11 (6X) 6 PM-6:45 PM $65

CHD500-20W-4 The Kansas City Chess School  
Wed 3/25-4/29 (6X) 6 PM-6:45 PM $65

Instructor Ken Fee is a certified Boy Scouts chess merit badge counselor, a nationally certified chess coach and tournament director at the Kansas City Chess Club. Ken plays tournament chess and has coached numerous Missouri and Kansas State Chess Champions.

Elementary Cartoon Drawing (Grades K-5)
Learning to draw can be fun, especially when we create silly characters, funny expressions and drawing sequences that tell a joke! This delightful program combines Young Rembrandts’ innovative step-by-step drawing method with light-hearted subject matter that engages children, their sense of humor and their vivid imaginations! Every class is a new lesson. All new lessons in every session.

CHD509-20W Antioch MS, Rm 116  
Tue 1/28-3/3 (6X) 6 PM-7 PM $79

CHD509-20W-2 Antioch MS, Rm 116  
Tue 4/7-5/12 (6X) 6 PM-7 PM $79

Sarah Hirtzel is the Young Rembrandts Program Director representing the Kansas City area.
Young Rembrandts Elementary Drawing (Gr K-5)
Young Rembrandts teaches drawing, the fundamental skill of all visual arts, to children grades K-5. Our unique method and step-by-step curriculum foster a wealth of skills. Children will develop increased patience, discipline and focus as well as a host of artistic skills such as art vocabulary and history, drawing and art skills, and expanded creativity, imagination and confidence. Lessons do not repeat from previous sessions so you can continue our classes all year long. All materials provided.

CHD505-20W Antioch MS, Rm 116
Thu 1/30-3/5 (6X) 6 PM-7 PM $79

CHD505-20W-2 Antioch MS, Rm 116
Thu 4/2-5/7 (6X) 6 PM-7 PM $79

Instructor Sarah Hirtzel

Baby Sitter Training (Age 11-15 yrs)
Baby-sitting is fun, but must be taken seriously and responsibly. You will learn the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants develop leadership skills, learn how to develop a baby-sitting business, keep themselves and others safe, help children behave, and learn about basic child care and basic first aid. The recommended age for this course is 11-15 years old. Please bring a water bottle, lunch and snack.

CHD101-20W Northland Human Services Center, Rm 2400
Sat 4/4 (1X) 9 AM-2:30 PM $69
Instructor Tina Biggs is a certified Red Cross instructor. She has been working with and for children for more than 20 years, as well as teaching and equipping parents for success.

CHD301-20W Gladstone Community Ctr
Mon 1/27-4/27 (12X) 6 PM-6:40 PM $129
No class 2/17, 3/16

CHD301-20W-2 Gladstone Community Ctr
Tue 1/28-4/21 (12X) 10 AM-10:40 AM $129
No class 3/17

Cycle of Seasons: Sun Catchers (Age 3 1/2-5 yrs)
This class is a musical celebration of the four seasons. Activities include singing, focused listening, playing instruments, movement and imaginative stories. Each family will receive a Musikgarten CD, parent guide, and a set of animal cards for fun time listening at home.

CHD324-20W Gladstone Community Ctr
Mon 1/27-4/27 (12X) 6:45 PM-7:30 PM $129
No class 2/17, 3/16

CHD324-20W-2 Gladstone Community Ctr
Tue 1/28-4/21 (12X) 10:45 AM-11:30 AM $129
No class 3/17

Instructor Janice Hale is a licensed Musikgarten teacher with a degree in music education.

Family Music for Toddlers: Dance With Me (Age 15 mos-3 1/2 yrs)
This class is an energetic, exploratory experience combining singing, listening, playing instruments, and expressive movement. Each family will receive a delightful Musikgarten CD, parent guide, and scarf for more music-making fun at home.

CHD324-20W Gladstone Community Ctr
Mon 1/27-4/27 (12X) 6 PM-6:40 PM $129
No class 2/17, 3/16

CHD324-20W-2 Gladstone Community Ctr
Tue 1/28-4/21 (12X) 10 AM-10:40 AM $129
No class 3/17

Everyone is welcome to attend!

FREE NKCS PRESCHOOL – TITLE I
Free Pre-K program at select schools based on developmental need.

- Screenings will be conducted during the months of January 2020 through May 2020.
- Children must be 4 on or before July 31, 2020 and live within the North Kansas City Schools Elementary school attendance areas.
- Acceptance into the North Kansas City Schools FREE Pre-K program is dependent upon the child’s cumulative score from the screening and other criteria.

Visit nkcschools.org and look under the “Families” section to schedule your free screening for the 2020-2021 school year. Call 816-321-5453 with questions.

SAVE THE DATE!

PARENTING FAIR
Presented by Parents As Teachers

Date: Thursday, February 27
Time: 5:30-7:30 PM
Location: Antioch Middle School
2100 NE 65th St, Gladstone, MO 64118

Representatives from area preschools, day cares, and organizations offering activities for young children will be present to provide activities for the children and share information with parents.

Everyone is welcome to attend!
ACTIVSTARS

ActivStars Cheerleading (Age 4-15 yrs)
Give your child what they need most beyond the classroom: exercise, fun, friends and a positive team experience. In this fun, team-building cheer course, you will learn cheers, chants, jumps and stunting. You may advance to all levels and participate in clinics, showcases, and competitions. There is a $10 non-refundable ActivStars registration fee due at the time of enrollment. Online registrations must be paid in full. For a monthly payment option, call 816-321-5010.

CHD4061-20W-DA JV Cheerleading Age 4-6
Wed 1/22-5/13 (16X) Davidson Elem, Gym $144
No class 3/18 6:30 PM-7:15 PM

CHD4061-20W-MP JV Cheerleading Age 4-6
Tue 1/21-5/12 (16X) Maple Park MS, Gym $144
No class 3/17 6:30 PM-7:15 PM

CHD4062-20W-DA Varsity Cheerleading Age 7-9
Wed 1/22-5/13 (16X) Davidson Elem, Gym $144
No class 3/18 7:15 PM-8 PM

CHD4062-20W-MP Varsity Cheerleading Age 7-9
Tue 1/21-5/12 (16X) Maple Park MS, Gym $144
No class 3/17 7:15 PM-8 PM

CHD4063-20W-DA Jr. All Star Cheerleading Age 10 & Up
Wed 1/22-5/13 (16X) Davidson Elem, Gym $160
No class 3/18 8 PM-9 PM

CHD4063-20W-MP Jr. All Star Cheerleading Age 10 & Up
Tue 1/21-5/12 (16X) Maple Park MS, Gym $160
No class 3/17 8 PM-9 PM

CHD4064-20W-MP Pro Cheerleading by Try Out Age 10 & Up
Tue 1/21-5/12 (16X) Maple Park MS, Gym $160
No class 3/17 8:30 PM-9:30 PM

CHD4065-20W-MP Elite Cheerleading by Try Out
Wed 1/22-5/13 (16X) Maple Park MS, Gym $192
No class 3/18 7:15 PM-9:15 PM

ActivStars Youth Tumbling (Age 5 & Up)
Learn respect for others, self respect, and self discipline through hard work and persistence while developing physical skills and tackling mentally challenging situations as well as pride in accomplishment. This fun course promotes coordination, confidence, poise, increased body awareness, artistic expression, and the reward of goal setting. Children will progress at their own pace while being recognized and encouraged by their peers. There is a $10 non-refundable ActivStars registration fee due at the time of enrollment. Online registrations must be paid in full. For a monthly payment option, call 816-321-5010.

CHD416-20W-MP Maple Park MS, Gym
Wed 1/22-5/13 (16X) 6:15 PM-7:15 PM $160
No class 3/18

ActivStars Karate (Age 4-15 yrs)
Give your child what they need most beyond the classroom: exercise, fun, friends and a positive team experience. In this martial arts course, you will learn essential life skills such as respect, discipline, safety awareness, abduction prevention and anti bullying. You may advance to all levels. Karate-Gi uniforms available for purchase at class for $33. There is a $10 non-refundable ActivStars registration fee due at the time of enrollment. Online registrations must be paid in full. For a monthly payment option, call 816-321-5010.

CHD4070-20W-BR Karate White Belt Beginner All Ages
Tue 1/21-5/12 (16X) Briarcliff Elem, Gym $144
No class 3/17 6:30 PM-7:15 PM

CHD4071-20W-MP Karate White Belt Beginner Age 4-8
Wed 1/22-5/13 (16X) Maple Park MS, Gym $144
No class 3/18 6:30 PM-7:15 PM

CHD4071-20W-NV Karate White Belt Beginner Age 4-8
Mon 1/27-5/11 (14X) Northview Elem, Gym $126
No class 2/17, 3/16 6:30 PM-7:15 PM

CHD4072-20W-MP Karate White Belt Beginner Age 9 & Up
Wed 1/22-5/13 (16X) Maple Park MS, Gym $144
No class 3/18 7:15 PM-8 PM

CHD4072-20W-NV Karate White Belt Beginner Age 9 & Up
Mon 1/27-5/11 (14X) Northview Elem, Gym $126
No class 2/17, 3/16 7:20 PM-8:05 PM

CHD4073-20W-MP Karate Yellow Belt
Wed 1/22-5/13 (16X) Maple Park MS, Gym $144
No class 3/18 7:15 PM-8 PM

CHD4073-20W-NV Karate Yellow Belt
Mon 1/27-5/11 (14X) Northview Elem, Gym $126
No class 2/17, 3/16 7:20 PM-8:05 PM

CHD4074-20W-MP Karate Green Belt & Higher
Wed 1/22-5/13 (16X) Maple Park MS, Gym $160
No class 3/18 8:30 PM-9:30 PM

CHD4075-20W-BR Karate Yellow Belt & Higher
Tue 1/21-5/12 (16X) Briarcliff Elem, Gym $144
No class 3/17 7:15 PM-8 PM

CHD4076-20W-WE Karate Green & Blue Belt Advanced
Tue 1/21-5/12 (16X) West Englewood Elem, Gym $160
No class 3/17 6:30 PM-7:15 PM

CHD4077-20W-WE Karate Purple Belt & Higher Advanced
Tue 1/21-5/12 (16X) West Englewood Elem, Gym $160
No class 3/17 8 PM-9 PM
Chess Club (Gr K-6)
Nationally certified chess coach, Ken Fee, and his staff of certified chess instructors from The Kansas City Chess Club will be teaching players about important rules, chess etiquette, strategy, openings, end games and tactics. Research says chess improves test scores in math and reading. The Kansas City Chess Club curriculum will guide students from pawn-to-king level advancement. Progress will be measured by a chess skills test taken at the end of each level. Students may participate as a team against other schools at local chess tournaments.

CHD500-20W-BP Bell Prairie Elem, Rm EN56 Thu 1/23-2/27 (6X) 7:45 AM-8:30 AM $65
CHD500-20W-BP-2 Bell Prairie Elem, Rm EN56 Thu 3/3-4/16 (6X) 7:45 AM-8:30 AM $65 No class 3/19
CHD500-20W-BR Briarcliff Elem, Art Rm Mon 1/27-3/9 (6X) 8:15 AM-9 AM $65 No class 2/17
CHD500-20W- BR-2 Briarcliff Elem, Art Rm Mon 3/10-4/16 (6X) 8:15 AM-9 AM $65
CHD500-20W-FH Fox Hill Elem, Art Rm Wed 1/12-2/26 (6X) 8:15 AM-9 AM $65
CHD500-20W-FH-2 Fox Hill Elem, Art Rm Wed 3/4-4/15 (6X) 8:15 AM-9 AM $65 No class 3/18
CHD500-20W- NA Nashua Elem, Media Center Wed 1/22-2/26 (6X) 8:15 AM-9 AM $65
CHD500-20W-NA-2 Nashua Elem, Media Center Wed 3/4-4/15 (6X) 8:15 AM-9 AM $65 No class 3/18
CHD500-20W-NV Northview Elem,The Summit Fri 1/24-3/6 (6X) 8:15 AM-9 AM $65 No class 2/14

Instructor Ken Fee is a certified Boy Scouts chess merit badge counselor, a nationally certified chess coach and tournament director at the Kansas City Chess Club. Ken plays tournament chess and has coached numerous Missouri and Kansas State Chess Champions.

Early Engineers Before School LEGO Club
Bricks 4 Kidz® enrichment classes are designed to be educational and FUN! We teach children principles of science, technology, engineering, and math (STEM) utilizing motorized LEGO® models. Every lesson is unique and designed to engage a child’s mind. Each 6-week session features a new theme and models. This club is for elementary grades. Class size is limited. Students will receive a LEGO® mini-fig with enrollment.

CHD504-20W- BP Bell Prairie Elem, Rm EN59 Thu 2/6-3/12 (6X) 7:30 AM-8:30 AM $78
CHD504-20W- BP-2 Bell Prairie Elem, Rm EN59 Thu 4/2-5/7 (6X) 7:30 AM-8:30 AM $78
CHD504-20W-BR Briarcliff Elem, Art Rm Tue 2/4-3/10 (6X) 8 AM-9 AM $78
CHD504-20W- BR-2 Briarcliff Elem, Art Rm Tue 4/7-5/12 (6X) 8 AM-9 AM $78
CHD504-20W- CH Chapel Hill Elem, Media Ctr Fri 1/31-3/13 (6X) 8 AM-9 AM $78 No class 2/14
CHD504-20W- CH-2 Chapel Hill Elem, Media Ctr Fri 4/3-5/8 (6X) 8 AM-9 AM $78
CHD504-20W- CL Clardy Elem, Art Rm Wed 2/5-3/11 (6X) 7:30 AM-8:30 AM $78
CHD504-20W- CL-2 Clardy Elem, Art Rm Wed 4/8-5/13 (6X) 7:30 AM-8:30 AM $78
CHD504-20W- FH Fox Hill Elem, Art Rm Fri 1/31-3/13 (6X) 8 AM-9 AM $78 No class 2/14
CHD504-20W-FH-2 Fox Hill Elem, Art Rm Fri 4/3-5/8 (6X) 8 AM-9 AM $78
CHD504-20W- NA Nashua Elem, Rm 4 Mon 1/27-3/9 (6X) 7:45 AM-8:45 AM $78 No class 2/17
CHD504-20W- NA-2 Nashua Elem, Rm 4 Mon 4/6-5/11 (6X) 7:45 AM-8:45 AM $78
CHD504-20W-NV Northview Elem,The Summit Wed 1/29-3/4 (6X) 8 AM-9 AM $78
CHD504-20W-NV-2 Northview Elem,The Summit Wed 4/8-5/13 (6X) 8 AM-9 AM $78
CHD504-20W-OM Oakwood Manor Elem, Media Center Mon 1/27-3/9 (6X) 8 AM-9 AM $78 No class 2/17
CHD504-20W-OM-2 Oakwood Manor Elem, Media Center Mon 4/6-5/11 (6X) 8 AM-9 AM $78

Instructor Michael Jobe is the owner and operator of the local Bricks 4 Kidz® franchise located in North Kansas City.

Young Rembrandts Elementary Drawing (Gr K-5)
Young Rembrandts teaches drawing, the fundamental skill of all visual arts, to children grades K-5. Our unique method and step-by-step curriculum foster a wealth of skills. Children will develop increased patience, discipline and focus as well as a host of artistic skills such as art vocabulary and history, drawing and art skills, and expanded creativity, imagination and confidence. Lessons do not repeat from previous sessions so you can continue our classes all year long. All materials provided.

CHD505-20W-BP Bell Prairie Elem, Rm EN59 Wed 1/29-3/4 (6X) 7:30 AM-8:30 AM $79
CHD505-20W-BP-2 Bell Prairie Elem, Rm EN59 Wed 4/1-5/6 (6X) 7:30 AM-8:30 AM $79
CHD505-20W-CH Chapel Hill Elem, Media Ctr Tue 1/28-3/3 (6X) 8 AM-9 AM $79
CHD505-20W-CH-2 Chapel Hill Elem, Media Ctr Tue 4/7-5/12 (6X) 8 AM-9 AM $79
CHD505-20W-FH Fox Hill Elem, Art Rm Tue 1/28-3/3 (6X) 8 AM-9 AM $79
CHD505-20W-FH-2 Fox Hill Elem, Art Rm Tue 4/7-5/12 (6X) 8 AM-9 AM $79
Sarah Hirtzel is the Young Rembrandts Program Director representing the Kansas City area.

See page 20 for location of buildings.

Give the Gift of Education
North Kansas City Schools Community Education classes make the perfect gift for any occasion.
Call 816-321-5010 today to order your gift.
NOW HIRING

Drive for North Kansas City Schools

- Full Benefits: Health/Dental/Vision
- District Employee Health Clinic with No Copay for Visits
- We Offer Paid CDL Training
- No Experience Needed
- Guaranteed 30 Hours Per Week
- Additional Hours and Trips Available
- Member of State Retirement System

Visit www.nkc schools.org for more information or contact David at 816-321-4422.

Join a winning team that enjoys working with kids and a school schedule.

Storytime for Babies Age 0 and Up
Join us for a fun, engaging Storytime for Babies. Designed to instill a foundation into early literacy through play and one-on-one interaction with a parent or caregiver. Recommended for babies 0-18 months and a one-on-one caregiver.
- ANTIUCH BRANCH, Thursdays at 10 am
- CLAYCOMO BRANCH, Mondays at 10 am
- NORTH OAK BRANCH, Fridays at 9:30 am

Storytime for Toddlers Age 2 and Up
Enjoy our Early Storytime for Toddlers as we share the world of books with your child. Parents and caregivers will enjoy a fun and interactive environment with your toddlers that will engage and encourage those next steps into early literacy. Designed for toddlers ages 18-36 months and a one-on-one caregiver. Program may require parental participation.
- ANTIUCH BRANCH, Tuesdays at 10 am
- NORTH OAK BRANCH, Mondays at 9:30 am and 10:30 am

Storytime for Families All Ages
Come share the early literacy experience with the whole family. Hear stories, sing songs, join in movement activities, and more. Bring the whole family and make some great family memories at the library! Designed for families of all ages.
- ANTIUCH BRANCH, Wednesdays at 10 am
- CLAYCOMO BRANCH, Wednesdays at 10 am
- NORTH OAK BRANCH, Wednesdays at 10:30 am

Play and Learn
Enjoy a special preschool playtime that is designed to stimulate young minds and strengthen early literacy skills.
- ANTIUCH BRANCH, first Wednesday of the month at 11 am (beginning in August)
- CLAYCOMO BRANCH, Wednesdays at 11 am (June and July)

To sign up for free programs for kids, teens, and adults, visit mymcp l.org/events.
Heartland Singers provides a fun singing opportunity to learn and perform quality music literature. Participants will focus on good choral singing including the elements of diction, harmony singing, tone quality, and musicianship.

Cost includes enrollment fee, music and T-shirt.

Directed by experienced music specialists, the Heartland Singers will have a great time preparing concerts and other performance opportunities.

Join us on January 13 for our first rehearsal.

Please call 816-321-5010 to enroll.

Concert date is May 4, 2020.

Instructor Kyle Zimmerman teaches music at the elementary level for North Kansas City Schools.

CHD300-20W $39
1/13-5/4 Days: Mon
6 PM-7 PM Sessions: 14
Antioch Middle School, Room 137
No class 1/20, 2/17, 3/16

RESIDENTS AND NON-RESIDENTS CAN ENROLL.

Register early. Classes fill quickly!
FOODS

Italian Cooking The Healthy Way
Join us for this hands-on cooking class, where participants will learn how to create healthy versions of their favorite Italian dishes. We will explore the different regions and create our own pasta dishes. Supply fee of $5 is payable to the instructor at the start of class.

FDS201-20W  Staley HS, Rm FP102
Thu 2/6 (1X)  6 PM-7:30 PM  $49
Instructor Amy Vance is a Nutrition and Health Education Specialist with the University of Missouri Extension. She has taught hands-on cooking classes through the university for several years.

Cooking the Mediterranean Way
From Morocco to Greece, the Mediterranean diet continues to intrigue us. It has a reputation of being sinfully delicious yet heart healthy. In this class you will look at the common flavors of the Mediterranean and create several small plates. Supply fee of $10 is payable to the instructor at the start of class.

FDS211-20W  Staley HS, Rm FP102
Thu 3/26 (1X)  6 PM-7:30 PM  $39
Instructor Amy Vance

HEALTH & WELLNESS

Cosmetology 101 (Age 16 yrs & Up)
Do you want to pursue a career in the beauty industry? Would you like to know more about how to get started? This four-week course will give you a BETTER understanding of how to achieve your goal of becoming a licensed cosmetologist. Below you will find an outline of the course week by week.

Week 1 – Basic Skills – Hair, Skin and Nails
Week 2 – Business Behind the Beauty
Week 3 – Find your Place in the Industry
Week 4 – Finances – Importance of Saving, Money Management, 401K and Health Benefits

HLH220-20W  Antioch MS, Rm 134
Tue 1/21-2/18 (4X)  6 PM-7:30 PM  $49
No class 2/11
Instructor Megan Williams, with Smiles and Kuts Foundation, has been in the beauty industry for over 19 years.

Postpartum Recovery
Learn a variety of ways to heal, comfort and nurture yourself as you welcome baby and transition into motherhood.

HLH218-20W  Antioch MS, Rm 121
Tue 3/3 (1X)  6:30 PM-8:30 PM  $39
Instructor Kelsey Zydel is a Certified Childbirth Educator and DONA-trained birth doula. She has been in the education field for nine years.
Tai Chi – Beginner
Tai Chi is a Chinese exercise that improves balance and increases circulation. Recommended by Harvard Medical School and the Arthritis Foundation for health and fitness, participants will learn beginning basic principles of the training method of Tai Chi. Traditional Qi Gong warm-up exercises and rhythmic Silk-Reeling movements culminating in the Chen style 6 posture four directional form will be taught. Wear comfortable clothing and flat shoes.

HLH205-20W  Clardy Elem, Gym
Wed 1/22-2/26 (6X) 6:15 PM-7:15 PM $59

No class 2/17

Instructor Roxie Hein has studied and taught martial arts since 2008. She is a fully certified Tai Chi instructor with a 2nd degree Blackbelt in Taekwondo and is an international gold medalist competitor in the full Tai Chi curriculum.

Advancing in Tai Chi (Intermediate)
Build on the foundations and movements from beginning Tai Chi. This class introduces 32 new transitional movements and postures to learn the Chen style Lao Jia Old Frame Long Form, which has a total of 74 postures, many of which are repeated throughout the form. Bring your health and Tai Chi to the next level! Feel free to repeat this class as needed.

HLH207-20W  Clardy Elem, Gym
Mon 1/27-3/9 (6X) 6:15 PM-7:15 PM $59
No class 2/17

HLH207-20W-2  Clardy Elem, Gym
Mon 3/23-4/27 (6X) 6:15 PM-7:15 PM $59
Instructor Roxie Hein

Advancing in Tai Chi (Advanced)
Finish up the Chen Style Old Frame Long Form with the last 35 transitional movements and postures. In this class, we explore the nuances and higher levels of the structural requirements and energy principles of the Authentic and Original Chen Tai Chi to carry us forward. Tai Chi is one of the few arts that only improves as we age! This class, with the other Tai Chi classes, may be repeated as often as the participant wishes.

HLH219-20W  Clardy Elem, Gym
Mon 1/27-3/9 (6X) 7:30 PM-8:30 PM $59
No class 2/17

HLH219-20W-2  Clardy Elem, Gym
Mon 3/23-4/27 (6X) 7:30 PM-8:30 PM $59
Instructor Roxie Hein

Aging Mastery® aims to help millions of baby boomers and older adults take key steps to improve their well-being, add stability to their lives, and strengthen their ties to communities. When you participate in the Aging Mastery Program® (AMP), you will create your own personal pathway for aging well via actionable goals, sustainable behaviors, peer support, and incentives.

$250 value! Refreshments included.  Free for 60+; Under age 60 $39

Funding for the Aging Mastery Program is provided in part by the George H. Nettleton Foundation.

Core Curriculum:

1/24 – Navigating Longer Lives: The Basics of Aging Mastery
Introduction to the program and its philosophy with a special emphasis on the new realities of aging, making the most of the gift of longevity, and taking small steps to improve health, financial well-being, social connectedness, and overall quality of life.

1/31 – Exercise and You
Discussion of the importance of exercising both the mind and the body with a focus on strategies for incorporating meditation, aerobicics, strengthening, flexibility, and balance into daily routines.

2/7 – Sleep
Overview of how sleep patterns change as we age, the importance of monitoring the sleep cycle, and simple strategies to improve sleep.

2/14 – Healthy Eating and Hydration
Review of nutrition as it relates to aging with a focus on strategies for incorporating healthy eating and hydration into daily routines.

2/21 – Financial Fitness
Introduction to strategies for remaining economically secure in an era of longevity with an emphasis on setting financial boundaries with friends and families.

2/28 – Advance Planning
Guidance around key steps needed to manage health care, financial, and housing/care decisions with a focus on considering the role of personal values and beliefs in these decisions.

3/6 – Healthy Relationships
Exploration of the benefits of being socially active, as well as the risks of isolation with a focus on practical strategies for continuing to build and strengthen friendships and family connections as we age.

3/13 – Medication Management
Best practices on how to take medications as directed, how to store medications safely, and how to keep track of multiple medications.

3/20 – Falls Prevention
Overview of the importance of falls prevention among older adults along with strategies to prevent falling.

3/27 – Community Engagement
Introduction to the value of continuing contribution and small acts of kindness with a focus on identifying personal aptitudes for meaningful volunteer and civic opportunities.

GRADUATION IS ON FRIDAY, APRIL 3.
Special celebration and recognition of AMP graduates.
Beginning Ancestry Library Edition
Research your family history with Ancestry Library Edition. Search the U.S. federal census from 1790-1940 as well as immigration, vital, military, court, church, and ethnic records. Explore city directories, Social Security Death Index, and much, much more. This is a beginner-level class for adults. Registration is required.

HIS102-20W  Mid-Continent Library, Antioch Branch
Tue 2/18 (1X) 6:30 PM-8 PM  No Charge

Instructor Tammy Doughty has more than 20 years experience working for the Mid-Continent Public Library and has been the Branch Technology Instructor for 5 years.

Using FindMyPast
Learn to search billions of records to find your ancestors from all over the world. Records include U.S. and U.K. censuses, Irish records, and parish records from England and Wales. This class focuses on search tips as well as the types of records that can be found in Findmypast.com. This is a beginner-level class for adults.

HIS104-20W  Mid-Continent Library, Antioch Branch
Wed 4/29 (1X) 6:30 PM-7:30 PM  No Charge

Instructor Tammy Doughty

Like us on facebook. www.facebook.com/nkcscommunityeducation
**French I – Getting to Know France**

Parlez-vous français? Do you speak French? Well, if the answer is "non," then this is the course for you! You will learn to use fundamental French in personal, practical, and culturally authentic everyday situations. We will begin with basic pronunciation, vocabulary and useful expressions to develop your ability to communicate in French. À bientôt! See you soon!

**LAN601-20W**  
Antioch MS, Rm 136A  
Tue 1/28-2/25 (5X) 7 PM-9 PM  
$69

Instructor Taji Bates has a bachelor's degree in French from the University of Missouri-Kansas City and taught French and Spanish in North Kansas City Schools for 17 years.

Instructor Dr. Seck earned a Ph.D. in comparative literature from Paris-X-Nanterre, an advanced degree in Italian Study from Universita Per Stranieri di Perugia (Italy). He teaches French at the University Academy in Kansas City.

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**French II – “Allons en France!” (Let’s go to France)!**

We will begin with a review of common expressions and numbers in preparation for our “trip” to France. We will discuss plans for when, where and how to travel, realistic expectations, and sightseeing strategies for Paris and the surrounding areas. Additional conversational expressions, vocabulary lists, and written and online opportunities for practice will be provided. Although not a pre-requisite, it would be helpful to take French I first.

**LAN602-20W**  
Antioch MS, Rm 136A  
Tue 3/3-4/7 (5X) 7 PM-9 PM  
$69

Instructor Taji Bates

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**Introduction to Italian**

Attending this class will help you to know and communicate with people who use Italian in their daily lives. By learning Italian, you will also develop a better understanding of your own language and how it works. Upon completion of this class, you will be able to greet someone, ask and answer questions in Italian.

**LAN501-20W**  
Antioch MS, Rm 133  
Tue 2/4-3/3 (5X) 6:30 PM-8 PM  
$69

Instructor Dr. Seck earned a Ph.D. in comparative literature from Paris-X-Nanterre, an advanced degree in Italian Study from Universita Per Stranieri di Perugia (Italy). He teaches French at the University Academy in Kansas City.

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**Spanish I**

Bienvenidos a la clase de espanol! Welcome to Spanish class! If you’ve always wanted to learn Spanish, but were too afraid to try, then this is the class for you. The focus will be on using basic vocabulary and expressions to communicate in culturally authentic situations. By the end of this course, you will be on your way to speaking and understanding a new language!

**LAN201-20W**  
Antioch MS, Rm 139  
Tue 1/28-3/3 (6X) 7 PM-9 PM  
$69

**LAN201-20W-2**  
Antioch MS, Rm 139  
Tue 3/24-4/28 (6X) 7 PM-9 PM  
$69

Instructor Jill Weatherly teaches Spanish and French in the North Kansas City School District. She has studied abroad in France, Spain and Argentina and enjoys sharing her love of language with students.

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**Ballroom Dance to Popular Music**

Learn how to ballroom dance to the popular music most often played by DJs at night clubs, wedding receptions and social dances. This entry-level course includes basic steps to both East Coast and West Coast Swing, Night Club Two-Step, as well as Latin Dances that work well with pop music, including Merengue, Cha Cha, Rumba and Salsa. Couples only. Price is per couple. Students in this dance class receive an electronic syllabus, which has links to videos of most of the steps that are taught. Students can review and refresh what they have learned in class, and perhaps even learn some new steps. Classes include 90 minutes of instruction followed by 30 minutes of assisted practice for those who can stay.

**MUS103-20W**  
Chapel Hill Elem, Gym  
Mon 1/27-3/30 (8X) 7 PM-9 PM  
$95 per couple

No class 2/17, 3/16

Instructor Paula Marie has been a dance professional for more than 30 years. Visit her website at www.singdancekc.com.

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**American Sign Language II**

This class is designed to increase your ability to communicate with the Deaf and hard of hearing. Having a basic knowledge of conversational signs, numbers, finger spelling and Deaf culture will segue into this class. We will add to your vocabulary, work on ASL grammatical features, imbed numbers in conversations and socialize with the Deaf Community. Completion of Introduction to American Sign Language is preferred.

**LAN101-20W**  
Antioch MS, Rm 138  
Tue 2/4-3/10 (6X) 6:30 PM-8:30 PM  
$75

Instructor Lezlie Wendt has been a sign language interpreter since 2001 and enjoys sharing her enthusiasm for the language.

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**Ballroom Dance: Beyond the Basics**

**Prerequisite: Beginner instruction required.**

Review and continue with the dances learned in the beginning class. Students may vote and focus on dances of their choice. Instruction will be offered to suit the skill level of participants. Couples only. Price is per couple. Students in this dance class will receive an electronic syllabus which has links to videos of most of the steps that are taught. Students can review and refresh what they have learned in class and perhaps even learn some new steps!

**MUS104-20W**  
Chapel Hill Elem, Gym  
Mon 4/13-5/11 (5X) 7 PM-9 PM  
$69 per couple

Instructor Paula Marie

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**Adult Tap Dance**

This class is a wonderful opportunity to start at the basics and work up into tap rhythms. Each week you will gain confidence and musicality as your tap sounds become cleaner and clearer. You will be amazed at how fun and athletic tap dance can be!

**MUS400-20W**  
Miss Dianna’s School of Dance  
Wed 1/22-2/26 (6X) 7 PM-7:45 PM  
$59

Instructor Dianna Pfaff has been teaching dance since 1975. She judges dance competitions and choreographs area high school events.

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**“Very enjoyable. The instructor was well prepared, energetic and made learning fun!”**

— Lu M.
Puppy Socialization (10-24 weeks)
What a puppy learns during the socialization period will have a lifelong effect on his personality and how he reacts to people, other animals and environments. Classes will consist of helping owners to socialize their puppies in a positive fun way exposing puppies to novel experiences and helping them to become well-adjusted and confident. Normal puppy behaviors will be discussed with a force free solution to these issues. Physical and mental stimulation will also be covered. Handlers must be a minimum of 12 years of age and be accompanied by an adult if under 18. Please bring to class a flat buckle collar or harness, 6 foot lead (no flexi-leads), 150-200 soft pea-sized treats, small mat/blanket and proof of vaccinations.

PET100-20W  Gashland Elem, Gym
Wed 1/22-2/26 (6X)  6:15 PM-7 PM  $89
Instructor Diana Park has been training dogs for more than 20 years. She also has trained dogs competitively and her dogs have won numerous awards.

Pet Dog Manners (6 Months & Up)
Focus will be on force free positive reinforcement training to enhance your relationship with your dog, and your dog’s relationship with you. You will learn basic concepts of dog training, teaching basic obedience to your dog and how to incorporate it into real life. Emphasis will be placed on positive training to help your dog learn to make “good choices” and help you communicate more clearly with your dog. Handlers must be a minimum of 12 years of age and be accompanied by an adult if under 18. Please bring to class a flat buckle collar or harness, 6 foot lead (no flexi-leads), 150-200 soft pea-sized treats, small mat/blanket and proof of vaccinations. Maximum of 6-8 dogs in class.

PET101-20W  Gashland Elem, Gym
Wed 1/22-2/26 (6X)  7:15 PM-8:15 PM  $89
Instructor Diana Park
SAFETY

Self-Defense for Women
Take control and be your own bodyguard. This class will give you a plan with a winning goal that will reduce the risk of being a victim. You will learn preventive steps and information that should be part of your everyday routine. A voluntary hands-on demonstration will give you the techniques to defend yourself.

SFT300-20W Staley HS, Flex Auditorium
Tue 1/21 (1X) 6 PM-9 PM No Charge
Instructor Captain Will Akin with the Clay County Sheriff’s Office has more than 25 years of law enforcement and military experience. He enjoys teaching situational awareness and prevention of assaults.

Pacesetters Walking Program
Did you know walking is the simplest positive change you can make to improve your heart health? By walking 30 minutes a day you can reduce your risk of heart disease. Let us help you keep your walking program going through the winter months. All you need is a good pair of shoes, comfortable clothing and the desire to live a healthier life. You will walk at your pace; there is no instructor. A walking map and guidelines will be provided at the school.

PHY401-20W Antioch MS, Teacher’s Lounge
Tue, Thu 1/21-4/30 5:30 PM-8 PM $5
No class 3/17, 3/19

Driver Education
Designed to instruct students in proper techniques of driver education, this class will cover knowledge, skills and attitudes necessary for driving. Permits are not required for course participation. Students with permits or licenses will have the optional opportunity for behind-the-wheel instruction for an additional cost arranged through the instructor.

SFT101-20W Antioch MS, Rm 136A
Thu 3/12 (1X) 6 PM-9 PM $29
Instructor Tom Stout is a certified driver education instructor.

Beginning Pickleball
Pickleball is the fastest growing US sport. If you’ve never played, this class is for you! Pickleball is very social, easier on the body than other racquet sports and community friendly. You will learn the basic rules, terminology, primary skills, coordination and more. You will help develop technique, strategy and have plenty of time for social play. Balls are provided, bring your own paddle (not wood). Paddles can be purchased at local sporting good stores or online at Amazon or at Justpaddles.com.

PHY705-20W Gateway 6th Grade Ctr, Gym
Thu 1/23-2/27 (6X) 7 PM-9 PM $69
PHY705-20W-2 Gateway 6th Grade Ctr, Gym
Thu 3/5-4/16 (6X) 7 PM-9 PM $69
No class 3/19
Instructor Cristie Sharpsteen is an active recreational and tournament player as well as a certified Professional Pickleball Registry Trainer.

SPORTS & FITNESS

Coed Recreational Volleyball (Age 18-Adult)
Dig, Set, Spike! The emphasis is on fun, teamwork, and improving basic volleyball skills. Players will be divided into teams each night for two hours of team play following USVBA rules.

PHY501-20W Maple Park MS, Gym
Mon 1/27-4/27 (12X) 7 PM-9 PM $69
No class 2/17, 3/16
Instructor Gilbert Garcia has been playing volleyball for more than 20 years.

Coed Intermediate Volleyball (Age 18-Adult)
Take your game to the next level! Coed intermediate volleyball is for the skilled player who has performed at the high school level. Previous experience is a must to join other players for this class. Teams play up to 9 games, with 3 matches against 3 different teams each night. Emphasis is on teamwork while using bump, set and hit. Our goal is to have good team volleyball each session, as everyone will play the game.

PHY502-20W Northgate MS, Large Gym
Tue 1/21-4/14 (12X) 7 PM-9 PM $69
No class 3/17
PHY502-20W-2 Maple Park MS, Gym
Thu 1/23-4/16 (12X) 7 PM-9 PM $69
No class 3/19
Instructor Christie Brown enjoys playing competitive volleyball and has been instructing since 1998.
Recreational Men’s Basketball
Hoops anyone? Come sweat, meet new people and play some basketball for exercise and fun! Please bring a black t-shirt and a white t-shirt to class each evening.

**PHY601-20W** New Mark MS, Gym
Mon 1/27-4/27 (12X) 7 PM-9 PM $69
No class 2/17, 3/16

**PHY601-20W-2** Eastgate 6th Grade Ctr, Gym
Wed 1/22-4/15 (12X) 7 PM-9 PM $69
No class 3/18

Instructor Aaron Croley is a lifelong basketball player and enthusiast who’s been involved with North Kansas City School’s leagues for over 18 years.

**Hip-Hop**
Whether you are brand new to hip hop or are looking for a fun, new way to burn calories, this class is for you. You will have fun and work up a sweat while learning the basic grooves and movements of hip hop with very simple, repetitive sequences that will have you filled with confidence and swag.

**PHY105-20W** Gateway 6th Grade Ctr, Multi-Purpose Rm
Mon 1/27-3/9 (6X) 6:30 PM-7:30 PM $45
No class 2/17

**PHY105-20W-2** Gateway 6th Grade Ctr, Multi-Purpose Rm
Mon 3/23-4/27 (6X) 6:30 PM-7:30 PM $45
Instructor Jessica Auld is a certified group X instructor who has been teaching fitness classes since 2011. She has a salsa and dance background and enjoys sharing passion for dance with every level. Jessica’s classes are a great start for someone who is brand new to dancing.

**Gentle Yoga**
This class is for everyone from beginners to long-time yoga participants. Exercise modifications will be given to accommodate a variety of fitness levels in a friendly, relaxed and safe environment. Class content includes work with balance, flexibility, endurance, muscle strengthening and toning, and relaxation. Stretches on the floor are included in the practice. Please bring a mat.

**PHY201-20W** Joseph G. Jacobs III Education Ctr, Gym
Tue 1/21-2/25 (6X) 3:30 PM-4:30 PM $39

**PHY201-20W-2** Joseph G. Jacobs III Education Ctr, Gym
Tue 3/3-4/14 (6X) 3:30 PM-4:30 PM $39
No class 3/17

Instructor Patti Leddy has been a licensed yoga instructor for ten years and is also a 200-hour registered yoga instructor, ACE Certified Group Exercise Fitness instructor and ACSM Personal Trainer.

**Zumba**
Zumba is a “feel-happy” workout that is great for both the body and the mind. Zumba uses Latin and international music for a dance that creates a dynamic, exciting and effective fitness system! Zumba utilizes the principles of fitness interval training and resistance training to maximize caloric output, fat burning and total body toning. It is a mixture of body-sculpting movements with easy to follow dance steps. No experience is necessary to enjoy Zumba!

**PHY100-20W** Northview Elem, Gym
Tue 1/21-2/25 (6X) 6:15 PM-7:15 PM $45

**PHY100-20W-2** Northview Elem, Gym
Tue 3/3-4/14 (6X) 6:15 PM-7:15 PM $45
No class 3/17

**PHY100-20W-3** Northview Elem, Gym
Thu 1/23-3/5 (6X) 6:15 PM-7:15 PM $45
No class 1/30

**PHY100-20W-4** Northview Elem, Gym
Thu 3/12-4/23 (6X) 6:15 PM-7:15 PM $45
No class 3/19

Instructor Patti Leddy

**Foam Roller**
Do you want to improve circulation, decrease pain and soreness as well as increase your range of motion? Foam rolling is a form of self-myofascial release or self-massage to help you accomplish all of this. You will need to bring a yoga mat and a high-density foam roller, size 36“X 6” which can be purchased at local retailers.

**PHY218-20W** The Wellness Wheel
Fri 1/24-3/6 (6X) 10 AM-11 AM $49
No class 2/14

**PHY218-20W-2** The Wellness Wheel
Fri 3/13-4/17 (6X) 10 AM-11 AM $49

Instructor Karen Carmack, LMT, is a certified level II Kundalini yoga instructor.

**Align Yoga**
A class for everyone no matter your age, body type or your understanding of yoga. All you need is a great attitude, alignment and action. Attitude is the power of the heart as the force behind every action or expression. Alignment is being mindful of how various parts of ourselves are integrated. Action is the natural flow of energy in the body, which provides both stability and joyful freedom. Please bring a yoga mat or large towel.

**PHY215-20W** The Wellness Wheel
Mon 1/27-3/9 (6X) 9 AM-10 AM $49
No class 2/17

**PHY215-20W-2** The Wellness Wheel
Mon 3/16-4/20 (6X) 9 AM-10 AM $49

**PHY215-20W-3** The Wellness Wheel
Wed 1/29-3/4 (6X) 6 PM-7 PM $49

**PHY215-20W-4** The Wellness Wheel
Wed 3/11-4/15 (6X) 6 PM-7 PM $49
Instructor Karen Carmack

**Kundalini Yoga**
Kundalini yoga is a form of physical and meditative yoga comprising various techniques using the mind, body and our senses. It goes beyond the physical performance of asanas with its emphasis on breathing, meditation, mudras and chanting. It can be very intense and appeals to those who are up for both mental and physical challenges. Kundalini yoga helps in the better functioning of the digestive, glandular, cardiovascular, lymphatic and nervous systems.

**PHY202-20W** The Wellness Wheel
Wed 1/29-3/4 (6X) 7:30 PM-8:30 PM $49

**PHY202-20W-2** The Wellness Wheel
Wed 3/11-4/15 (6X) 7:30 PM-8:30 PM $49
Instructor Karen Carmack

**Core Centric Yoga**
This class will focus on alignment, core strength and breath to open and release those tight areas and strengthen your core line. Please bring a yoga mat or large towel.

**PHY217-20W** The Wellness Wheel
Sun 3/1-4/5 (6X) 9:30 AM-10:30 AM $39

**PHY217-20W-2** The Wellness Wheel
Sun 4/19-5/24 (6X) 9:30 AM-10:30 AM $39
Instructor Teresa Rodriguez has been practicing yoga since 2001 under the mentorship of Karen Carmack and has experience teaching both Hatha Yoga & Kundalini Yoga. She has completed a three year study on energy healing for the body at Core Star School of Healing and a 200 hour Yoga Teacher Training with Om Prana Yoga & Consultants.

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Golden Pass members are offered free or discounted admission to many district events. Athletic tournaments or play-offs are not included.

Golden Passes are available to any individual who is 62 years of age or older. This is a lifetime pass and need not be renewed.

To receive your Golden Pass, call 816-413-3846.

Contact the school for specific event information:
North Kansas City High School . . . 321-5310
Oak Park High School ............ 321-5320
Staley High School ............... 321-5330
Winnetonka High School ....... 321-5340

It's never too late to learn. Expand your horizons with Adult Education.
**SIGN-UP QUESTIONS**

Who can enroll?
Courses are for anyone 18 years or older unless otherwise specified.

When can I sign up?
We take enrollments on a first come, first served basis. Enroll early by one of the five methods listed.

How do I know if I’m registered?
You are enrolled as soon as we receive your enrollment form and fee. We will only contact you if a class is canceled or if a class schedule is changed.

Can I get a refund?
A $10 non-refundable fee is included with the tuition. Refunds are made if:
- a class is filled before we receive your registration
- a class is canceled due to lack of enrollment
- a refund is requested 24 hours before the first class is held

What about books and supplies?
Texts will be distributed the first night of class. If supplies are required, a link to the supply list will be on the registration confirmation email.

Senior and Employee Discounts
- Employees of NKC Schools receive $5 off each class.
- Seniors, age 60+, that are Clay County residents receive $30 off one class per term.
- Must enroll by phone or in person to receive the discount.

Disclaimer: Every effort has been made to make this publication accurate as of the publication date. However, all policies, procedures, tuition fees and curricula are subject to change anytime by appropriate action of the administration or the North Kansas City Schools Board of Education. This publication is not intended to be a contract, explicit or implied, and the district reserves the right to make changes regarding the information contained herein.

There will be no classes on:
- January 20 . . . . . . . . . . Martin Luther King Jr. Day
- February 17 . . . . . . . . . . . . . . . . . . . . . . Presidents Day
- March 16-20 . . . . . . . . . . . . . . . . . . . . . . . . . . . Spring Break

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**North Kansas City Schools Mission**

As champions for all students, North Kansas City Schools’ mission is to ensure all are life-ready and ethically grounded in an ever-changing world through innovative educational experiences that:

- Inspire Lifelong Learning
- Embrace Inclusion
- Forge a Unified Community

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**Community Education Services**

Melissa Slenker, Director

**Program Coordinators:**

Thaya Fares  
Adult Education and Literacy

Athena Graham  
Partners in Education

Vanessa New  
School Age Child Care

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**Board of Education**

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Terry Stone  
Judy Wartick  
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Dr. Daniel Clemens, Superintendent
**SIGN UP NOW!**

Online
www.nkcschools.org/lifelonglearning
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7 days a week
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816-321-5010
Mon-Fri, 8 AM-5 PM
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or Discover

**Mail**
Community Education
Northland Human Services Center
3100 NE 83rd St, Suite 2400
Kansas City, MO 64119

**Fax**
816-413-5465
24 hours a day
7 days a week
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or Discover

**Walk-In**
Community Education
Northland Human Services Center
3100 NE 83rd St, Suite 2400
Kansas City, MO 64119
Mon-Fri, 8 AM-5 PM

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**PAYMENT METHOD**

- □ Cash
- □ Check
- □ Visa
- □ MC
- □ Discover

Card Number
Expiration Date
CSV Code (3 digit number on back of card)

When paying by credit or debit card, a nonrefundable convenience fee will automatically be added to your transaction.

Make checks payable to: North Kansas City Schools
Mail enrollment form and fees to:

Community Education Services
Northland Human Services Center
3100 NE 83rd St, Suite 2400
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**CONTACT US**

communityed@nkcschools.org
816-321-5010

Extraordinary Educational Experiences

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Providing programs and services that connect schools and communities.
Creativity Takes Courage
—Henri Matisse

Do You Want to Build a Snowman? ...................1
Stamped Greeting Cards ...........1
Introduction to Silhouette Cameo 3 ........................1
Silhouette Cameo Wooden Sign ......................1
Gelli Printing ..............................1
Focus on Drawing with Graphite and Ink ..........1

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