

CORONAVIRUS (COVID-19) PROTOCOLS

Definition of COVID-19 Exposure:

Fewer than 6 feet away for more than 15 minutes (*masks are not a mitigating factor*) to an individual who has tested positive or who has been exposed to a known positive case and is exhibiting 2+ COVID-like symptoms, during their infectious period (*two days prior to their test or first symptoms, until no longer showing symptoms or ten days after their positive test*)

COVID-19 Symptoms with No Known Exposure

Cough, shortness of breath, fever, loss of smell or taste, new or unusual headache, severe muscle aches, chills, nausea, vomiting, diarrhea

Inform your teacher, school principal and nurse, or department head

Follow CDC guidelines:
Stay at home, separate yourself from others, contact your healthcare provider

You can return to work/school when:

- ✓ Free of fever, diarrhea, and vomiting for at least 24 hours without mitigating medications

Known or Possible Exposure to COVID-19 Positive Individual

Non-close contact:

I was more than 6 feet away or I was closer than 6 feet for less than 15 min.

Follow CDC guidelines:

Maintain good hygiene, continue physical distancing, continue frequent hand washing, wear a mask

If symptoms develop, inform your teacher, principal and nurse, or department head

Return to work/school

Continue to monitor for symptoms

Close contact:

I was exposed (see definition above), starting from 2 days prior to the known positive individual's illness onset or positive test until the individual was isolated

Begin 14-day quarantine from the last known contact with known positive individual

If symptoms develop, begin 10-day isolation from the day symptoms began

You can return to work/school when:

- ✓ Quarantine time is complete and
- ✓ Free of fever, diarrhea, and vomiting for at least 24 hours without mitigating medications and
- ✓ Respiratory symptoms are improving

Positive COVID-19 Test or Diagnosis

Inform your teacher, school principal and nurse, or department head

Begin 10-day quarantine from the time of your test or the onset of symptoms, whichever is earlier

Notification Procedures:

NKC Schools will ensure that all who are directly affected are appropriately notified in accordance with health department guidelines and privacy laws.

Close contacts:

Students and staff who have been exposed will be notified and required to begin 14-day quarantine.

Staff:

All building staff, including traveling and classified staff members, will be made aware of a positive case in their building.

Families:

All families of students attending the same school will be notified of a positive case, regardless of exposure level.